

# Notice of Health Information Practices

THIS NOTICE DESCRIBES HOW INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

## Introduction

At Eye Associates, P.C. we are committed to treating and using protected health information about you responsibly. This Notice of Health Information Practices describes the personal information we collect, and how and when we use or disclose that information. It also describes your rights as they relate to your protected health information. This Notice is effective April 14, 2023, and applies to all protected health information as defined by Federal regulations.

## Understanding Your Health Record/Information

Each time you visit Eye Associates, P. C, a record of your visit is made. Typically, this record contains your symptoms, examination and test results, diagnoses, treatment and a plan for future care of treatment. This information, often referred to as your health or medical record, serves as a:

1. Basis for planning your care and treatment
2. Means of communication among the many health professionals who contribute to your care
3. Legal document describing the care you received
4. Means by which you or a third-party payer can verify that services billed were actually provided.
5. A tool in educating health professionals
6. A source of data for medical research
7. A source of information for public health officials charged with improving the health of this state and the nation,
8. A source of data for our planning and marketing
9. A tool with which we can assess and continually work to improve the care we render and the outcomes we achieve.

Understanding what is in your record and how your health information is used helps you to:

Ensure its accuracy, better understand who, what, when, where, and why others may access your health information and make more informed decisions when authorizing disclosure to others.

## Your Health Information Rights

Although your health record is the physical property of Eye Associates, P.C. the information belongs to you. You have the right to:

- Obtain a paper copy of this notice of information practices upon request
- Inspect and copy your health record as provided in the Federal law: 45 CFR 164.524
- Amend your health record as provided in the Federal law: 45 CFR 164.528
- Obtain an accounting of disclosures of your health information as provided in the Federal law: 45 CFR 164.528
- Request communication of your health information by alternative means or at alternative locations
- Request a restriction on certain uses and disclosures of your health information as provided in the Federal law: 45 CFR 164.522
- Revoke your authorization to use or disclose health information except to the extent that action has already been taken.

## **Our Responsibilities**

Eye Associates, P.C. is required to:

- Maintain the privacy of your health information
- Provide you with this notice as to our legal duties and privacy practices with respect to information we collect and maintain about you.
- Abide by the terms of this notice
- Notify you if we are unable to agree to a requested restriction and
- Accommodate reasonable requests you may have to communicate health information by alternative means or at alternative locations.

We reserve the right to change our practices and to make the new provisions effective for all protected health information we maintain. Should our information practice change, we will mail a revised notice to the address you've supplied us, or if you agree, we will e-mail the revised notice to you.

We will not use or disclose your health information without your authorization, except as described in this notice. We will also discontinue to use or disclose your health information after we have received a written revocation if the authorization according to the procedures included in the authorization.

## **For More Information or to Report a Problem:**

If you have questions and would like additional information, you may contact the:

Jean Thompson at 781-272-4944 x 323 or Beth Calitri at 781-425-3268

If you believe your privacy rights have been violated, you can file a complaint with the practice's Privacy Officer, or with the Office for Civil Rights, US Department of Health and Human Services. There will be no retaliation for filing a complaint with either the Privacy Officer or the Office for Civil Defense. The address for the OCR is:

OFFICE FOR CIVIL RIGHTS  
US Department of Health and Human Services  
200 Independence Avenue, S.W  
Room 509F, HHH Building  
Washington, DC 20201

# Examples of Disclosure for Treatment, Payment and Health Operations

## 1. *We will use your health information for treatment.*

### **For Example:**

Our practice may use your health information to treat you. For example, we may ask you to have laboratory test (such as blood or urine test), and we may use the results to help us reach a diagnosis. We might use your health information in order to write a prescription for you, or we might disclose your health information to a pharmacy when we order a prescription for you.

Many people who work for our practice – including, but not limited to, our doctors and technicians – may use or disclose your health information in order to treat you or to assist other in your treatment. Additionally, we may disclose your health information to others who may assist in your care, such as your spouse, children or parents

## 2. *We will use your health information for payment*

### **For Example:**

A bill may be sent to you or a third-party payer. The information on or accompanying the bill may include information that identifies you, as well as your diagnosis, procedures and supplies used.

## 3. *We will use your health information for regular health operations*

### **For Example:**

Members of the medical staff, the risk or quality improvement manager, or members of the quality improvement team may use information in your health record to assess the care and outcomes in your case and others like it. This information will then be used in an effort to continually improve the quality and effectiveness of the healthcare and services we provide.

***Business associates:*** There are some services provided in our organization through contacts with business associates. Examples include outside physician services, radiology, certain laboratory tests, and an answering service we use to take your calls when we are not available. When these services are contracted, we may disclose your health information to our business associate so they can perform the job we've asked them to do and bill you or your third-party payer for services rendered. To protect your health information, however, we require the business associate to appropriately safeguard your information.

***Notification:*** We may use or disclose information to notify or assist in notifying a family member, personal representative, or another person responsible for your care, your location and general condition.

***Communication with family:*** Health professionals, using their best judgement, may disclose to a family member, other relatives, close personal friend or any other person you identify, health information relevant to that person's involvement in your care or payment related to your care.

***Research:*** We may disclose information to researchers when their research has been approved by an institutional review board that has reviewed the research proposal and established protocols to ensure the privacy of your health information.

***Funeral Directors:*** We may disclose health information to funeral directors consistent with applicable law to carry out their duties.

**Organ procurement organizations:** Consistent with applicable law, we may disclose health information to organ procurement organizations or other entities engaged in the procurement, banking or transplantation of organs for the purpose of tissue donation and transplant.

**Marketing:** We may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

**Fund raising:** We may contact you as part of a fund-raising effort.

**Food and Drug Administration (FDA):** We may disclose to the FDA health information relative to adverse events with respect to food, supplements, products and product defects, or post marketing surveillance information to enable product recalls repairs or replacement.

**Workers Compensation:** We may disclose health information to the extent authorized by and to the extent necessary to comply with laws relating to workers compensation or other similar programs established by law.

**Public Health:** As required by law, we may disclose your health information to public health or legal authorities charged with preventing or controlling disease, injury or disability.

**Correctional Institution:** Should you be an inmate of a correctional institution, we may disclose to the institution or agents thereof health information necessary for your health and the health and safety of other individuals.

**Law Enforcement:** We may disclose health information for law enforcement purposes as required by law or in response to a valid subpoena.

**Federal law makes provision for your health information to be released to an appropriate health oversight agency, public health authority or attorney, provided that a work force member or business associates believes in good faith that we have engaged in unlawful conduct one or have otherwise violated professional or clinical standards and are potentially endangering one or more patients, workers, or the public.**